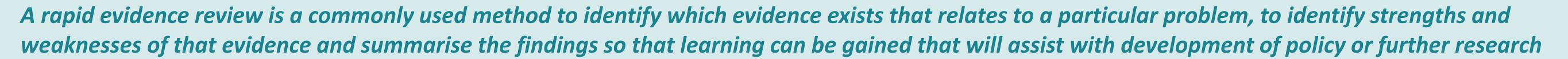
'NEET to EET' Mentoring: Rapid Evidence Review

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Rapid Evidence Review

Having determined that there was not a published review of evidence relating to the effectiveness of mentoring for supporting young people who are NEET (not in employment, education or training) back into employment, education or training (EET), this review was conducted to be used to inform the development of a local intervention

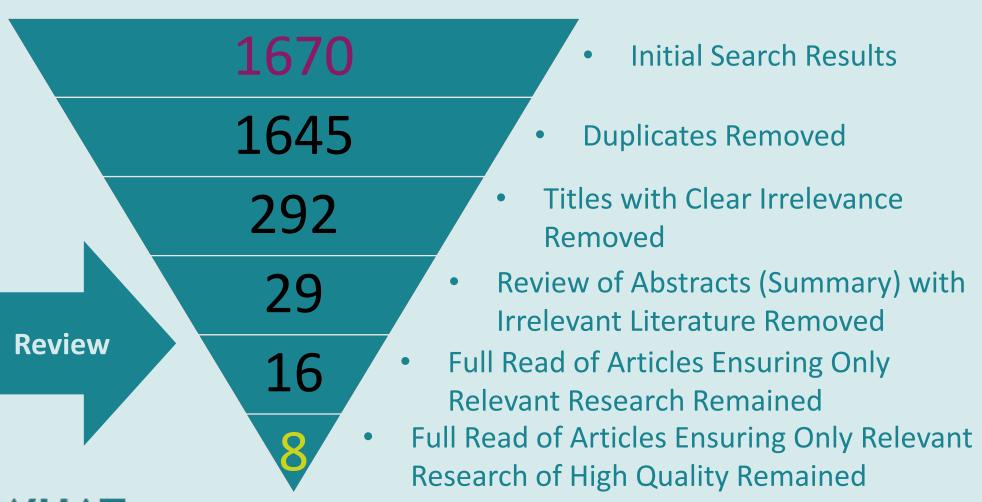
Review Process

Search Strategy

("NEET" OR "Disengaged You*") AND ("Mentor*" OR "guide" OR "advisor" OR "problem solving" OR "problem-solving" OR "key worker" OR "case worker" OR "one-to-one support" OR "re-engagement support" OR "trusted adult" OR "role model" OR "coach*")

Search
Location

	Academic Databases	Websites
	MEDLINE	Youth Endowment Fund
	PUBMED	Campbell Collaboration
	Psych Info	Education Endowment Foundation
	Cinahl	UK Government Research and Statistics Area for 'Department for Education'
	Google Scholar	
	College of Policing National Library	UK Government Research and Statistics Area for 'Department for Work and Pensions'



What does the evidence suggest could work?

Long-term intervention engagement

Multi-component interventions (mentoring plus)

Practical and active 'EET' support (e.g. CV writing with a young person)

Activity involves person-centred problem solving to remove barriers to engagement

Activity involves devising and implementing a set of short-term and longterm goals with a young person, directed by their individual wants, interests and needs

Includes referrals and/or supported applications for access to mental health support, and other wider services

Includes exposure to experiences (e.g. volunteering, work placement, careers fair)

Training for mentors

Research Implications

The results of this review present person-centred problem solving and goal setting, the provision of practical 'EET' focused support, long term and in-depth delivery, and activity directed by a young person's individual wants, needs and interests, appear to be a collection of themes that are present in promising implementations of mentoring programmes that seek to support NEET young people with their (re)engagement in EET

Importantly, where mentoring interventions are rather focused on quick transitions into 'the most available' and 'current skill level' opportunities, evidence suggests that this can have negative impacts on, and consequences for, young people

What does the evidence suggest does not work?

'Light touch' interventions (low and limited period of delivery)

Short durations for appointments / meetings / contact

Expectations for young people to conduct initial engagement activity independently

Activity directed by available opportunity / current skill level

Activity directed by short-term 'now' goals only







'Ignite' Mentoring

Based on these findings, a mentoring programme has been designed, where Fire Service officers and staff are volunteering to support NEET young people with their (re)engagement with employment, education and training in Reading

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